

Nutmeg 10ml

PROD24066



£3.50

£4.20 inc VAT

Product Description:

(Myristica fragrans)

Country of Origin: India

Aroma: Sweet, warm and spicy

- Invigorating and stimulating for the mind
- Can be used in blends for conditions such as arthritis, gout, muscular aches and pains, poor circulation and rheumatism
- Helpful in relieving flatulence, indigestion and sluggish digestion

Compliments: Black pepper, Clary Sage, Clove, Eucalyptus, Geranium, Ginger, Lavender, Mandarin, Orange, Rosemary